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Preparation Instructions for a Colonoscopy (Miralax/Gatorade/Dulcolax)

Patient's Name: _____

Procedure Date: _____ Arrive By: _____ Procedure at: _____

Facility:

- Premier Endoscopy Center (2nd Floor) North Collier
- NCH (Downtown)

Purchase:

1. One Box of Dulcolax Laxatives Tablets
2. One 64 oz. bottle or Gatorade or Powerade (NO Red or Purple)
3. One 238 gm bottle of Miralax
4. Fleet enema (if needed)

Preparation Day: (the day before your procedure) _____

You will be on clear liquids all day. **NO SOLID FOOD**

Clear Liquids:

Water	Apple Juice	Beef Broth	Vegetable Broth
Jell-O	Gatorade	Tea	Popsicles
Coffee	Carbonated Drinks	Chicken Broth	

NO DAIRY, CITRUS JUICES, OR ANYTHING RED or PURPLE-COLORED.

1. **3:00 PM:** Take 2 Dulcolax Tablets
2. **5:00 PM:** Mix the Gatorade with the entire bottle of Miralax. Drink one glass of 8 ounces of the mixture every 20-30 minutes until you have completed the 64 oz. bottle of Gatorade.
3. **9:00 PM:** Take 2 more Dulcolax tablets.
4. Drink clear liquids until you go to bed or until midnight to avoid dehydration.

***** NOTHING TO DRINK AFTER MIDNIGHT *****

Examination Day: _____

1. Take your morning dose of heart and blood pressure pills **ONLY** with just a few sips of water.
2. If needed, two hours before your exam do your Fleet Enema; at _____.

YOU MUST BE ACCOMPANIED BY SOMEONE TO DRIVE YOU HOME, AS YOU WILL BE SEDATED.

Be prepared to spend at least 2 hours at the center.



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MEDICATION INSTRUCTIONS

- If you are a diabetic on insulin, take ½ your regular daily dose the day before your procedure, when you are on clear liquids. Do not take your insulin the morning of your procedure. Take ½ your regular dose after the procedure when you have your first meal. Please call us if you have any questions.
- If you are taking Coumadin, Plavix, Pradaxa, Xarelto or any other blood thinner, please consult with the physician before discontinuing the medication.
- Do not stop Prednisone or other cortisone type medication.

Please give us a call if you have any questions regarding your medications.

BILLING INFORMATION YOU SHOULD KNOW

When you have a procedure at any outpatient facility you could receive up to four bills:

1. Physician's charge.
2. Facility charge.
3. Anesthesia
4. Pathology lab charge.

If you have any questions or concerns, contact our billing department at 239-732-1133.

Maria Ext. 101 for Premier Endoscopy & 1656 Anesthesia.

Lyda Ext. 105 for Gastroenterology Specialists.

****Please check with the facility & Anesthesia to be certain that they are participating with your health insurance. ****

IF YOUR INSURANCE IS OTHER THAN MEDICARE OR MEDICAID, IT IS YOUR RESPONSIBILITY TO NOTIFY YOUR CARRIER OF YOUR PROCEDURE.



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Premier Endoscopy Center

1656 Medical Blvd - Suite 201 - Naples, FL 34110
239-449-4945

Welcome to Premier Endoscopy. We hope to make this a positive experience for you.

To insure that this occurs we are asking you to follow the following guidelines:

- 1. Follow the orders from your physician concerning your preparation for the procedure.**
- 2. It is important to have someone to take you home to insure your safety after having an anesthetic. A taxi will not be permitted.**
- 3. All jewelry is to be left a home. We cannot be responsible for your valuables.**
- 4. We do not always have your medication lists available to us. Please have updated list of current meds, dosages and medication schedule. We also need your allergies.**

We at Premier Endoscopy will do everything possible to see that your designated time for your procedure is kept. Unfortunately, emergencies do occur which can lead to your procedure being delayed.

We look forward to providing excellent care during your visit.



Medication Reconciliation Form

(LIST ALL ALLERGIES)

Allergic to / Describe Reaction:	Allergic to / Describe Reaction:

List ALL medications, vitamins, herbal, over the counter, pumps, patches, inhalers, sprays, ointments.

Medication Name	Dose	Frequency (How Often)	Indication(Reason)	Medication Taken Today?	
				YES	NO

BELOW THIS LINE CENTER USE ONLY

Source:

- Patient

 Provided List

 History & Physical (PCP)
- Family
- Other _____

Admitting Nurse: _____

New Medication Prescribed Following Your Surgery		
Medication	Dose/Route/Frequency	Possible Side Effects



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