



**Gastroenterology Specialists**

*of Southwest Florida*

DIPLOMATE, AMERICAN BOARD OF GASTROENTEROLOGY

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STEVEN A. MECKSTROTH MD.

WILLIAM GONZALEZ PA-C

KARINA HOOPER PA-C

**Preparation Instructions for an Upper Endoscopy**

Patient's Name: \_\_\_\_\_

Procedure Date: \_\_\_\_\_ Arrive By: \_\_\_\_\_ Procedure at: \_\_\_\_\_

**Facility:**

- Premier Endoscopy Center (2<sup>nd</sup> Floor)                       North Collier  
 NCH (Downtown)

1. **It is important that you have nothing to eat or drink after midnight prior to your procedure.**
2. In the morning of your procedure take your morning dose of heart and blood pressure pills **ONLY** with just a few sips of water. If you take any.

**YOU MUST BE ACCOMPANIED BY SOMEONE TO DRIVE YOU HOME, AS YOU  
WILL BE SEDATED.**

**Be prepared to spend at least 2 hours at the center.**



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### **MEDICATION INSTRUCTIONS**

- If you are a diabetic on insulin, take ½ your regular daily dose the day before your procedure, when you are on clear liquids. Do not take your insulin the morning of your procedure. Take ½ your regular dose after the procedure when you have your first meal. Please call us if you have any questions.
- If you are taking Coumadin, Plavix, Pradaxa, Xarelto or any other blood thinner, please consult with the physician before discontinuing the medication.
- Do not stop Prednisone or other cortisone type medication.

Please give us a call if you have any questions regarding your medications.

### **BILLING INFORMATION YOU SHOULD KNOW**

When you have a procedure at any outpatient facility you could receive up to four bills:

1. Physician's charge.
2. Facility charge.
3. Anesthesia
4. Pathology lab charge.

If you have any questions or concerns, contact our billing department at 239-732-1133.

Maria Ext. 101 for Premier Endoscopy & 1656 Anesthesia.

Lyda Ext. 105 for Gastroenterology Specialists.

**\*\*Please check with the facility & Anesthesia to be certain that they are participating with your health insurance. \*\***

**IF YOUR INSURANCE IS OTHER THAN MEDICARE OR MEDICAID, IT IS YOUR RESPONSIBILITY TO NOTIFY YOUR CARRIER OF YOUR PROCEDURE.**



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# *Premier Endoscopy Center*

1656 Medical Blvd - Suite 201 - Naples, FL 34110  
239-449-4945

Welcome to Premier Endoscopy. We hope to make this a positive experience for you.

To insure that this occurs we are asking you to follow the following guidelines:

- 1. Follow the orders from your physician concerning your preparation for the procedure.**
- 2. It is important to have someone to take you home to insure your safety after having an anesthetic. A taxi will not be permitted.**
- 3. All jewelry is to be left a home. We cannot be responsible for your valuables.**
- 4. We do not always have your medication lists available to us. Please have updated list of current meds, dosages and medication schedule. We also need your allergies.**

We at Premier Endoscopy will do everything possible to see that your designated time for your procedure is kept. Unfortunately, emergencies do occur which can lead to your procedure being delayed.

We look forward to providing excellent care during your visit.



**Medication Reconciliation Form**

**(LIST ALL ALLERGIES)**

Allergic to / Describe Reaction:	Allergic to / Describe Reaction:

List ALL medications, vitamins, herbal, over the counter, pumps, patches, inhalers, sprays, ointments.

Medication Name	Dose	Frequency (How Often)	Indication(Reason)	Medication Taken Today?	
				YES	NO

**BELOW THIS LINE CENTER USE ONLY**

**Source:**

- Patient
- Family
- Other \_\_\_\_\_
- Provided List
- History & Physical (PCP)

Admitting Nurse: \_\_\_\_\_

New Medication Prescribed Following Your Surgery		
Medication	Dose/Route/Frequency	Possible Side Effects