



Gastroenterology Specialists

of Southwest Florida

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H. Pylori Breath Test (UBT)

Patient's Name: _____ Date: _____ Time: _____

THIS TEST IS PERFORMED BY NURSES ON THE 3RD FLOOR.

You are scheduled for a H. Pylori breath test to determine if you are infected with this bacterium. If you have any questions regarding the following instructions, please call out office and speak to nursing staff.

TEST PREPARATION:

- Four weeks prior this test you must not be on antibiotics and/or Bismuth type medications (Pepto-Bismol and generics of this drug).
- Two weeks prior this test you must be off all proton pump inhibitors (PPIs) and/or Carafate.
- No antibiotics/bismuth after: _____
- No proton pump inhibitors after: _____

PPIs	
GENERIC NAME	BRAND NAME
Omeprazole	Prilosec
Esomeprazole	Nexium
Lansoprazole	Prevacid
Rabeprazole	Aciphex
Pantoprazole	Protonix
Sucrafate	Carafate
Dexlansoprazole	Dexilant

NOTE:

You may continue taking H2 blockers such as Tagamet, Zantac, Axid and Pepcid. As well as anti-acids such as Maalox, Roloids, Tums Mylanta and Gelusic.

NOTHING TO EAT OR DRINK 6 HOURS PRIOR THE TEST

THIS TEST WILL TAKE APPROXIMATELY 15 MINUTES.